



# NEWSLETTER

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As spring comes to a close, all of us at PERC are looking forward to all the exciting opportunities that summer has to offer...

Whether you've recently graduated, are on a summer break, or just looking for some fun in the sun, we hope this issue helps you get the most out of your summer!



**FREE IN 2023!**

Congratulations to our  
participants in the  
graduating class of 2023!

## CT-R TIP OF THE SEASON

"Remember to prioritize having fun with your family and friends this summer to activate beliefs about enjoyment with others and belonging."





PERC would like to recognize the tremendous contributions of our student-practitioners over the past year. We are very grateful for all your hard work and wish you the best of luck as you continue your training.

### **Thank you, Trainees!**

LaRiena Ralph-Dobkin, PMHNP  
PERC Psychiatric Nurse Practitioner

Francesca M. Crump, M.A.  
Clinical Practicum Extern

Stephanie A. Korenic, M.A.  
Clinical Practicum Extern

Riley Capizzi, M.A.  
Clinical Practicum Extern

Kathryn Coniglio, M.S.  
Clinical Psychology Intern

Josh Mervis, Ph.D.  
Post-Doctoral Trainee



## **STAFF SPOTLIGHT DR. ADAM ROSSANO, MD/PHD**

Dr. Adam Rossano grew up in Austin, Texas where he attended the University of Texas at Austin graduating with degrees in neuroscience and philosophy. Dr. Rossano's experiences as a laboratory technician and emergency medical technician led him to pursue combined MD/PhD training at the University of Texas Health Science Center in San Antonio, TX. Upon completion of his MD/PhD, he pursued a postdoctoral fellowship at the Mayo Clinic in Rochester, Minnesota, followed by clinical training in psychiatry at Johns Hopkins Hospital in Baltimore, MD. Dr. Rossano's primary interests concerned serious mental illness, complex medical contributions to neuropsychiatric conditions, and the intersection between neurodevelopmental disorders and psychotic illnesses. Dr. Rossano completed clinical training and was board-certified in Psychiatry in 2021.

Dr. Rossano is presently a postdoctoral fellow in the labs of Drs. Stewart Anderson and Douglas Coulter at the Children's Hospital of Philadelphia and the University of Pennsylvania where he treats patients struggling with early psychosis and clinical high-risk symptoms at PERC. Dr. Rossano hopes to transition to an independent physician/scientist/educator role, in which he will investigate the causes of psychosis and train future physicians & scientists to treat and explore this complex disease spectrum. Outside of his professional activities he maintains interests in film and music, particularly the design of electronic instruments and audio circuits.

# SUMMER EVENTS & COMMUNITY ACTIVITIES

## FREE ARTS EVENTS

- **BARNES FREE FIRST SUNDAY FAMILY DAY** - ON THE FIRST SUNDAY OF EACH MONTH BARNES OFFERS FREE ADMISSION
- **CREATIVE MOVEMENT: PARKWAY PALS PROGRAM** - CHILDREN CAN PARTICIPATE IN CREATIVE MOVEMENT WITH THE PHILADELPHIA BALLET ON SELECT THURSDAYS THROUGHOUT THE SUMMER THROUGH 7/20/23

## FREE OUTDOOR MOVIES

- **WALNUT STREET BRIDGE MOVIES** - THURSDAYS, 6/15/23 - 8/24/23 (TIMES DEPEND ON THE FILM)
- **OUTDOOR MOVIE NIGHT AT PEDDLER'S VILLAGE** - SELECT SATURDAYS 6/24/23 - 10/21/23
- **FREE OUTDOOR MOVIE NIGHT AT CIRA GREEN** - 7/8/2023 & 7/15/23
- **MOVIES IN THE PARK AT MILES MARK, LAFAYETTE HILL** - WEDNESDAYS, 7/29/23 - 8/16/23
- **MOVIES IN THE PARK AT CLARK PARK**, FRIDAYS - 8/4/23 - 8/25/23

## FREE SUMMER EVENTS FOR THE FAMILY

- **WAWA HOAGIE DAY**, MARKET STREET BETWEEN 5TH AND 6TH STREETS, INDEPENDENCE MALL, 12:00 PM - 3:00 PM - 6/28/23
- **COLONIAL FIELD DAY AT WASHINGTON CROSSING HISTORIC PARK** - 7/1/23 AT 10:00 AM
- **CAMDEN WATERFRONT FREEDOM FESTIVAL** - CAMDEN WATERFRONT STADIUM, \$5 TOLL - 7/4/23 (THERE WILL BE FIREWORKS)
- **2ND STREET FESTIVAL**, NORTHERN LIBERTIES BETWEEN GERMANTOWN AND GREEN STREETS, 12:00 PM - 8/6/23
- **PETAPLOOZA IN CHESTNUT HILL**, CORNER OF GERMANTOWN AND HIGHLAND AVES, 11:00 AM TO 2:00 PM - 9/9/23
- **FAMILY FUN DAY AT SPRUCE STREET HARBOR PARK** - FIRST SUNDAYS
- **FRANKLIN SQUARE FOUNTAIN SHOW** - DAILY THROUGH AUGUST, 2023 FOR 30 MINUTES AT NOON EACH DAY
- **FREE COMMUNITY DAYS AT THE PLEASE TOUCH MUSEUM** - SUNDAYS 6/25/23 - 8/27/23, 11:00 AM TO 4:30 PM
- **AWBURY ARBORETUM'S ADVENTUREWOODS**, THROUGH 10/31/23 10:00 AM - 2:00 PM - REGISTER ONLINE

# UPCOMING EVENTS & COMMUNITY ACTIVITIES

## PERC PROGRAM UPDATES

### **Family Support & Education Group**

**July - No Group, Summer Break**

**August - No Group, Summer Break**

**September - Program Overview**

**October - Healthy Eating**

### **Participant Process Group**

**July - No Group, Summer Break**

**August - Fall Transitions**

**September - Program Overview**

**October - Healthy Eating**

## NAMIWALKS PHILADELPHIA

**Saturday, October 7, 2023**

**10:00AM -2:00PM**

**Friends Hospital**

**4641 Roosevelt Blvd**

**Philadelphia, PA 19124**



PERC team and their families at NAMIWalks, Montgomery County May 6th, 2023